

Resurgence  
& ECOLOGIST



# FESTIVAL OF THE SHIFT FROM ECONOMIC GROWTH TO GROWTH IN WELLBEING WELLBEING

Juliet Davenport • Alys Fowler • Lynne Franks  
Tony Juniper • Khavita Kaur • Satish Kumar • Anne Malone  
Ben Okri • Tamsin Omond • Ruth Padel • James Sainsbury  
Vandana Shiva • Edward Skidelsky • Sophie Stammers  
Richard Wilkinson • Rowan Williams • Theodore Zeldin

Saturday 12 October 2013

10am – 6pm

Bishopsgate Institute

230 Bishopsgate, London EC2M 4QH

# FESTIVAL OF WELLBEING

## Musicians, Speakers, Performers and Poets (in order of appearance)



**Anne Malone**

A pioneer of meditative musical instruments. Anne's Hang music album *Tender Lullaby* was nominated for an NME award in 2009. She has written music for the BBC, Theatre Lab and audio books, and offers workshops, concerts and retreats at home and abroad.



**Juliet Davenport**

Set up Good Energy with an ambition to help tackle climate change by giving people the opportunity to choose electricity generated from UK renewable sources. She has won several accolades for her work, including the BusinessGreen Leader of the Year Award.



**James Sainsbury**

Chair of The Resurgence Trust. James studied history at Oxford and is also Chair of the trustees of Home-Start.



**Khavita Kaur**

Khavita's journey began with storytelling, theatre and musical theatre productions. She then progressed to train professionally in Bharatanatyam alongside her degree in Chemical Engineering. She is currently an Odissi dance practitioner based in London.



**Tony Juniper**

An independent sustainability and environment adviser and founder member of The Robertsbridge Group which advises international companies. His best-selling book *What Has Nature Ever Done for Us?* was published in January 2013.



**Sophie Stammers**

A folk musician from South London, songwriter and multi-instrumentalist, Sophie plays protest music on the ukelele and guitar, ranging from eco-friendly sing-alongs to a lyrical call to take action against banking malpractice.



**Tamsin Omond**

Co-founded an environmental group called Climate Rush and formed a political party, The Commons. She is the author of *Rush! The Making of a Climate Activist* and Head of Global Campaigns at Lush Cosmetics and is currently working with Dame Vivienne Westwood.



**Richard Wilkinson**

Professor Emeritus of Social Epidemiology at the University of Nottingham Medical School. He co-founded The Equality Trust and, with Kate Pickett, wrote *The Spirit Level*, an award-winning best-seller, now available in 23 languages.



**Edward Skidelsky**

A philosopher and commentator, based at Exeter University. He is the author of *Ernst Cassirer: The Last Philosopher of Culture* and co-wrote *How Much is Enough? Money and the Good Life* with his father, Robert Skidelsky. He writes regularly for the British press.



**Theodore Zeldin**

An academic whose books include *An Intimate History of Humanity*, *Conversation*, *Happiness* and *A History of French Passions*. He was a Fellow of the World Economic Forum, has advised governments and corporations, and co-founded the Oxford Food Symposium.



**Vandana Shiva**

An environmental thinker, activist, physicist and feminist. She founded the Research Foundation for Science, Technology and Ecology and Navdanya to protect biodiversity in India and to promote organic farming and fair trade. Her latest publication is *Seed Freedom*.



**Ruth Padel**

A prize-winning poet and author, Council Member for Zoological Society of London, Ambassador for New Networks for Nature and Patron of 21st Century Tiger. Her books include a lyric biography of her great-great-grandfather Charles Darwin, and *The Mara Crossing*.



**Alys Fowler**

Alys Fowler is a gardener who loves to eat. She writes for the *The Guardian* and a number of gardening magazines. She has published four books, the latest of which is called *Abundance*. She lives in Birmingham and has an allotment, a back garden and a street garden.



**Ben Okri**

A poet and novelist whose books include *The Famished Road*. He has been awarded an OBE, and won the Man Booker Prize for Fiction in 1991 as well as numerous international prizes. He is a Fellow of the Royal Society of Literature.



**Rowan Williams**

Studied in Cambridge and Oxford and taught theology for nearly twenty years before becoming a bishop in Wales and later Archbishop of Canterbury. Now head of Magdalene College, Cambridge and Chair of the Board of Trustees of Christian Aid.



**Satish Kumar**

Editor-in-Chief of *Resurgence & Ecologist* and founder of The Small School in Hartland and Schumacher College in Dartington. Satish is the author of six books, including *Soil, Soul, Society* and *No Destination*, his autobiography.



**Lynne Franks**

Founder of SEED – Sustainable Enterprise and Empowerment Dynamics – a social enterprise providing women's learning and coaching programmes on economic empowerment, sustainable business practices and creative leadership.

**Have courage to live simply,  
but live well and joyfully**

– Satish Kumar, from his new book,  
*Soil Soul Society*

# THE SHIFT FROM ECONOMIC GROWTH TO GROWTH IN WELLBEING

## Programme for the Day

9.45	Doors open	Music from Anne Malone
10.15	James Sainsbury	Welcome
10.30	Tony Juniper	Natural Health Service
10.55	Tamsin Omond	Campaigning, corporates and climate change: a line in the sand
11.20	Edward Skidelsky	Genuine leisure
11.45	Vandana Shiva	Seed freedom as the wellbeing of all
12.10	Alys Fowler	On growing happy: How beauty and biodiversity are central to our wellbeing
12.35	Rowan Williams	'What the body knows?'
1.00	<b>LUNCH</b>	(During lunch the <i>Resurgence &amp; Ecologist</i> film will be shown)
2.30	Lynne Franks	A WELL Society – Women's Education, Literacy to Leadership
2.55	Juliet Davenport	Putting energy into wellbeing
3.20	Khavita Kaur	Indian dance
3.45	Sophie Stammers	Music
4.05	<b>BREAK</b>	
4.25	Richard Wilkinson	Inequality, sustainability and a higher quality of life
4.50	Theodore Zeldin	A more interesting future
5.15	Ruth Padel	Poetry
5.30	Ben Okri	Poetry
5.45	Satish Kumar	Soil, Soul and Society
6.00	Close	

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The Phone Co-op

All the volunteers who have helped on the day

This event will raise money for The Resurgence Trust, an educational charity (No. 1120414).  
More about membership and our work: [www.resurgence.org](http://www.resurgence.org) [www.theecologist.org](http://www.theecologist.org)