



31 October 2020

Programme

via Zoom

10am – 10.25am

Inner Transformation: Outer Transformation

Satish Kumar, editor emeritus, *Resurgence & Ecologist*

10.30am – 10.55am

The future we choose

Bella Lack, environmentalist

11am – 11.25am

Staying hopeful in hellish times

Jonathon Porritt, environmentalist

11.30am – 11.55am

Putting Humpty Dumpty together again

Tim Smit, co-founder of the Eden Project

12pm – 12.25pm

Beyond Fashion

Livia Firth, environmentalist and founder of Eco-Age

12.30pm – 12.45pm

Wellness - There's human goodness in all of us

A recording from Jane Goodall, PhD, DBE, ethologist and environmentalist,
Founder - the Jane Goodall Institute & UN Messenger of Peace

1pm – 1.25pm

Love: All that Matters

Mark Vernon, psychotherapist and author

1.30pm – 1.55pm

Indigenous cultures and The Ecologist

Robin Hanbury-Tenison, explorer and president of Survival International

2pm – 2.25pm

Re-inventing the nature of business

Jayn Sterland, managing director Weleda

- 2.30pm – 2.55pm ***Can We be Happier?***
Richard Layard, emeritus professor of economics at LSE and co-founder of Action for Happiness
- 3pm – 3.25pm ***Entangled Lives: Fungi, Ecology, and Us***
Merlin Sheldrake, biologist and author of *Entangled Life: How Fungi Make Our Worlds, Change Our Minds and Shape Our Futures*
- 3.30pm – 3.55pm ***Feeding Britain: from imperialism to sustainability?***
Tim Lang, professor of food policy, Centre for Food Policy, School of Health Sciences, City, University of London
- 4pm – 4.25pm ***Climate, COVID and Community Action: Rethinking Pathways to A Better Economy***
Farhana Yamin, international environmental lawyer
- 4.30pm – 4.55pm ***Why we need a just transition - and how to get it***
Nick Robins, Professor in Practice in Sustainable Finance at the London School of Economics
- 5pm – 5.25pm ***Achieving equal access to nature for mental health***
Mya-Rose Craig, Birdgirl
- 5.30pm – 5.55pm ***Where Do We Stand? A good moment to imagine how interlocking troubles and opportunities, might play out.***
Bill McKibben, environmentalist
- 6pm – 6.30pm ***Resurgence of the Human Spirit***
Gelong Thubten, Buddhist monk, meditation teacher and author

With thanks to our sponsors: Network of Wellbeing, Weleda and Alara

Tickets: £10.50 (full event) or £5.50 concessions
www.resurgence.org/wellbeing20

The Festival of Wellbeing is a fundraiser for The Resurgence Trust.

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